

Hello Dear E-Zine Subscribers,

Summer is here! The cold, dark, and sometimes gloomy days of winter are instantly forgotten once the sun starts to shine, the birds sing their happy tunes, and the delicious cornucopia of summer fruits and vegetables are available. Being a vegan, I really appreciate the variety of foods available during the summer months! My husband is in the garden every chance he gets after his work is done- my, how he loves his vegetable patch! This year, we've upped the ante and are attempting to grow black Edamame soybeans!

Just thinking about that sweet man-o-mine brings a smile to my lips. And it also reminds me of how rewarding it is to have a healthy and harmonious relationship with a "special someone." So many women come to see me for counselling because their relationships are stuck or unfulfilling. In many cases, a good dose of couple's counselling gets people back on track; but not all the time.

Many women are simply with the wrong partner. They are confused, angry, disappointed, and just plain 'fed up.' They are looking for something better but they don't know how to find it. After hearing so many of these stories, I decided to take action and write a little self-help book for women who want more out of their relationships and who are fed up with 'picking the same one over and over again' and never getting to where they want to be.

Read on for more information. It is available as an e-book and will also be in paperback copies soon- stay tuned for more details!

### **How To Find Your Ideal Mate And Be Happy In Love!**

Are you sick and tired of dating losers?

Do you want to end your pain and suffering?

Are you ready to find your ideal partner once and for all?

There's nothing worse than being in a relationship with someone who doesn't give you what you need and deserve. You know that you aren't getting what you want in the relationship and that you're not with the right person, but you don't know how to do it differently. If you knew how, you wouldn't be where you are right now.

You know in your heart that there must be more to relationships than being unhappy and you're getting really tired of the suffering, but you don't know how to end it and create something better.

Somewhere deep inside, you believe there is someone perfect for you out there; you just don't know how to attract them to you.

The book that women of every age have been waiting for...

**Dump That Chump:**

A Seven Step Plan to Ditching the Loser You're With and Attracting the Fabulous Partner You Deserve

Suffer no more! Help is here! You don't need to keep dating losers! Relationships don't have to be painful! You can, and you will, find your ideal partner once and for all by reading this e-book and following the seven steps outlined to ditch the losers and attract the fabulous partner you deserve.

As a psychotherapist with over a decade of hands-on experience supporting and empowering women to become all that they dream of being, I have helped countless women to radically shift their thinking about relationships, ditch the losers forever, and find their ideal mate.

Not only that, but I have followed these exact same seven steps with amazing results. I ditched the losers and found the man of my dreams over seven years ago and am enjoying a blissful and rewarding marriage as a result.

[www.dumpthatchump.com](http://www.dumpthatchump.com)

Like many of us, I was raised in a dysfunctional family with no role models of healthy relationships to emulate when I grew up and was involved in one miserable unhealthy relationship after the next until I reached a breaking point.

In my mid-20s, I decided that I'd rather be single and a bit lonely than be in one more toxic relationship. I spent the next five years working really hard to create a space for a supportive, loving, and satisfying relationship someday with someone who was perfect for me. The result?

I've been delighting in a wonderful and fulfilling marriage for over five years. And it keeps getting better every day! It's been an incredible experience to have met someone who I truly click with on so many different levels. I never dreamed that a relationship could be so exciting and rewarding. Don't you deserve the same?

This fun and easy-to-read e-book that will change the way you view relationships forever is priced at a ridiculously low \$14.99! That's even cheaper than a really bad first date!

What have you got to lose besides that excess weight you've been hauling around, otherwise known as 'that loser' of yours? That's got to be worth at least fifteen bucks, wouldn't you agree?

Remember, you don't have to settle for miserable relationships. You can have the partner of your dreams. Invest in your love life today by purchasing this e-book and following the Seven Steps and start enjoying the greatest relationships you've ever had! The choice is yours: to continue the suffering or to be happy and fulfilled.

To order this e-book in minutes through PayPal, go to [www.dumpthatchump.com](http://www.dumpthatchump.com)

Esther Kane, MSW, RCC relocated to the Comox Valley two years ago from Vancouver. She is in full-time private practise as a psychotherapist in Courtenay at the Rosewall Wellness Centre.

Esther has over a decade of experience counselling women and their loved ones with a multitude of presenting problems. Her main focus is helping women to become free of barriers which keep them stuck so that they can become all that they dream of being.

To book a session or to set up a free 15-minute phone consultation, call Esther at (250) 338-1800. Or e-mail her at: [esther@estherkane.com](mailto:esther@estherkane.com). You can check out her detailed website at: [www.estherkane.com](http://www.estherkane.com).